

Lesson 6

Intimacy with God Through Worship

Worthy
TO THE ONE WHO IS WORTHY

of worship. And when his own supporters spoke of stoning him at Ziklag, the book of 1 Samuel tells us that David “encouraged himself in the LORD.”

David’s worship was personal. The psalms show deep knowledge of God’s character. David loved the presence of God and was a man after God’s own heart.

In 1 Chronicles 16:7–28 (NIV) David actually gives a primer on worship. People often associate worship with singing, but worship includes so much more. This passage gives a fuller picture of worship. David designates this psalm specifically for thanksgiving. People offered sacrifices. They praised. They used their musical gifts. They worshipped.

That day David first appointed Asaph and his associates to give praise to the LORD in this manner:

Give praise to the LORD, proclaim his name;
make known among the nations what he has done.
Sing to him, sing praise to him;
tell of all his wonderful acts.
Glory in his holy name;
let the hearts of those who seek the LORD rejoice.
Look to the LORD and his strength;
seek his face always.
Remember the wonders he has done,
his miracles, and the judgments he pronounced,
you his servants, the descendants of Israel,
his chosen ones, the children of Jacob.
He is the LORD our God;
his judgments are in all the earth.
He remembers his covenant forever,
the promise he made, for a thousand generations,
the covenant he made with Abraham,
the oath he swore to Isaac.
He confirmed it to Jacob as a decree,
to Israel as an everlasting covenant:

2

How can you be more consistent in your worship? How do you worship in the face of calamity or disappointment? Psalms 10, 13, 22, 63, and 90 could be helpful as you consider worshipping through difficult circumstances.



3

How are you cultivating your intimacy with God?



Pray

We abide in You, just as You abide in us. Show us how to first seek You, Your kingdom, and Your righteousness above all things. Thank You for giving us Your Son; He is in us and You are in him that we may be one. Reveal to us the love of Christ, which surpasses knowledge so that we may enjoy deep intimacy with You and be filled with all Your fullness. In Jesus Christ, Amen.

Reflect

Don't let life affect your worship; let your worship affect life. (LaMar Boschman)